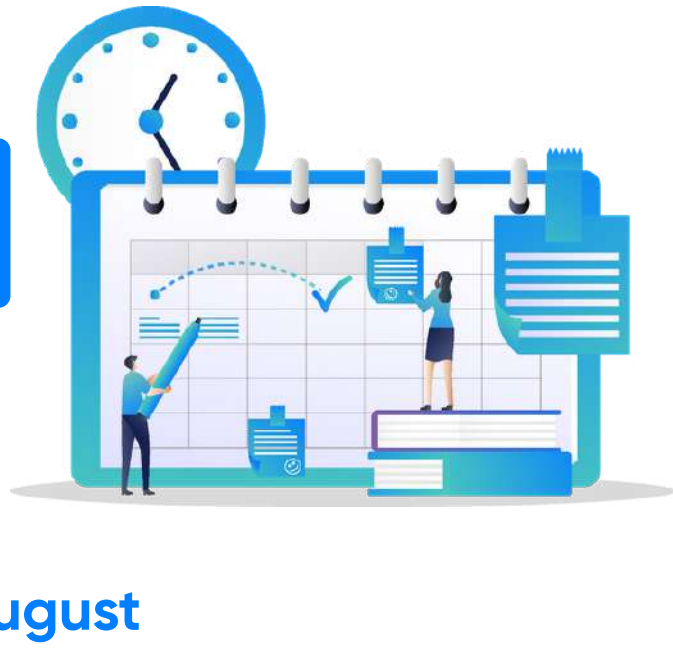


NEET PG 2026

90 Day Study Plan

Ace NEET PG with
Focused Study Strategies.



Duration: 25th May to 25th August

Success in NEET PG is not determined solely by what you study or how much you study. Consistent revision and regular practice are equally crucial in achieving a top rank. This structured 90-day study plan is designed to help you master NEET PG 2026 through a strategic 3-phase approach, with clear daily goals and actionable tasks to keep you on track toward your dream rank.

Daily Discipline (Non – negotiable)

(May 25 – Aug 25 | Entire 90 Days)

Mandatory Daily Tasks:

- Solve 50–100 MCQs daily from QBank
 - Choice of single subject or integrated subjects
 - Must include previous incorrects & bookmarked questions
- Attend Daily Target Tests (DTTs) – 3 Times Daily (10 Questions | 10 Minutes)
 - Morning Dose – 10:30 AM
 - Midday PYQ Dose – 1:00 PM
 - Evening Dose – 7:00 PM
- Daily Mandatory Preparation Time: Minimum 2 Hours Dedicated ONLY for:
 - MCQ Practice
 - Daily Target Tests
 - Error Review
 - Weak Topic Reinforcement

How this helps:

- Maintain continuity for all 19 subjects
- Avoid subject disconnection during CPR
- Build retention through repetition
- Improve question solving speed & accuracy

[Solve High Yield Questions Now](#)

PHASE – 1

PRE-CPR REVISION PHASE

(May 25 – June 09)

Objective: Finish one Revision of BIG 4 subjects before CPR Live Classes begin. These subjects lead to more than 50% of the questions in the NEET PG.

The BIG 4 Subjects:

- Medicine
- Surgery
- ObGyn
- PSM

Study Source:

- LFT Videos
- QRP Videos

Dates	Target Subject
May 25 – May 29	Medicine
May 30 – June 02	Surgery
June 03 – June 05	ObGyn
June 06 – June 08	PSM

GT Schedule Phase 1 (Must Attempt):

Dates	Activity
May 25	Grand Test 2 + Review
June 01	Grand Test 3 + Review

[Attempt a Free Grand Test Now](#)

PHASE – 2

CPR LIVE CLASSES + TEST & DISCUSSION

(10th June to 9th August)

Objective:

- Follow CPR schedule exactly
- Attend all Live Classes
- Attempt all Subject Tests
- Watch Discussions without skipping
- Attempt every GT compulsorily

CPR Strategy:

- CPR Day → Watch CPR + Rapid Notes
- Test Day → Attempt Test + Self Analysis

OFFICIAL CPR SCHEDULE

Subject	CPR	Test	Discussion
Anatomy	10 Jun	11 Jun	12 Jun
Biochemistry	13 Jun	14 Jun	15 Jun
Physiology	16 Jun	17 Jun	18 Jun
Pathology	19 Jun	20 Jun	21 Jun
Microbiology	22 Jun	23 Jun	24 Jun
Pharmacology	25 Jun	26 Jun	27 Jun
Medicine	28 Jun	29 Jun	30 Jun
ENT	01 Jul	02 Jul	03 Jul
Ophthalmology	04 Jul	05 Jul	06 Jul
Buffer Days	07–10 Jul	Catch Up	---
PSM	11 Jul	12 Jul	13 Jul
Psychiatry	14 Jul	15 Jul	16 Jul
ObGyn	17 Jul	18 Jul	19 Jul
Pediatrics	20 Jul	21 Jul	22 Jul
Orthopaedics	23 Jul	24 Jul	25 Jul
Radiology	26 Jul	27 Jul	28 Jul
Anaesthesia	29 Jul	30 Jul	31 Jul
FMT	01 Aug	02 Aug	03 Aug
Dermatology	04 Aug	05 Aug	06 Aug
Surgery	07 Aug	08 Aug	09 Aug

GTs in Phase 2:

Dates	GT
10 Aug	Final GT 4
12 Aug	Final GT 5

[Start Your Quick Revision Videos Now](#)

PHASE – 3

POST CPR FINAL PUSH PHASE

(10th August to 25th August)

Objective:

- Target strong + weak subjects aggressively
- Maximum question exposure before exam
- Focus only on revision & application

Daily Targets:

- 200–250 MCQs Daily
- Mixed Subject Practice
- PYQ Revision
- Image Based Questions
- GT Incorrect Questions Revision

Daily Minimum:

- 8–10 Effective Study Hours
- 50–100 MCQs (Phase 1–3)
- 200–250 MCQs
- 3 DTTs Daily
- 30 Min Error Notebook Revision

[Boost Recall with Subject – Wise Flashcards](#)

NEET PG 2026

Revise & Practice Like a Pro with

Live Revision + T&D

 **CPR Live** (Critical Points Recap)

 **Test & Discussion**

 **Qbank**

 **Test Series**

 **V5 QRP Videos**



[Subscribe Now](#)

